

**Bane 1 (6) 9.3 km 25 K**  
1 **Anders Dalgaard** Kolding OK Klubmester H17-39 1:23:42

**Bane 2 (32) 6.2 km 18 K**  
1 **Henrik Uhlemann** Kolding OK Klubmester H40-54 53:12  
2 Per Eg Pedersen Kolding OK 55:18  
3 **Susanne Højholt** Kolding OK Klubmester D17-39 58:46  
4 Henrik Sperling Kolding OK 59:46  
5 Thomas Uhlemann Kolding OK 1:02:29  
6 Lars Eeg Højholt Kolding OK 1:05:22

**Bane 3 (36) 4.5 km 14 K**  
1 **Jørn Thomsen** Kolding OK Klubmester H55- 43:10  
2 **Hanne Staugaard** Kolding OK Klubmester D40-54 53:37  
3 Christian B. Hansen Kolding OK 54:03  
4 Anne Mette Abplanalp Kolding OK 1:00:44  
5 Niels J. Møller Hansen Kolding OK 1:03:49  
6 Ida Hansen Kolding OK 1:05:10  
7 Marianne Iversen Kolding OK 1:05:53  
8 Annette Sperling Kolding OK 1:19:01  
9 Klaus Staugaard Kolding OK 1:23:51

**Bane 4 (2) 5.5 km 15 K**  
2 Troels Sperling Kolding OK 1:33:14

**Bane 5 (10) 3.9 km 10 K**  
1 **Anne Line Eg Staugaard** Kolding OK Klubmester H/D13-16 37:50  
2 **Aase Eg Pedersen** Kolding OK Klubmester D55 53:51  
3 Mette Grønberg Gebka Kolding OK 56:34  
4 Rasmus Westergaard Kolding OK 1:01:09  
5 Lene Koch Foster Kolding OK 1:07:23  
6 Anja Skaarup Kolding OK 1:17:56  
7 Lisbeth Thomsen Kolding OK 1:20:47  
Anna Ziska Hansen Kolding OK Fejlkl.

**Bane 6 (2) 4.0 km 14 K**  
1 Karoline Abplanalp Kolding OK 1:00:20  
2 Kasper Iversen Kolding OK 1:14:14

**Bane 7 (12)**

**2.9 km 12 K**

<b>1 Frederik Eeg Højholt</b>	<b>Kolding OK</b>	<b>Klubmester H/D-12</b>	<b>21:38</b>
2 Sissel Maria Eg Staugaard	Kolding OK		22:17
3 Søren Eg Staugaard	Kolding OK		23:19
4 Mikkel Eeg Højholt	Kolding OK		26:49
5 Kristine Abplanalp	Kolding OK		35:49
6 Cecilie Eeg Højholt	Kolding OK		38:42
7 Niels Rounkvist Uhleman	Kolding OK		40:13
8 Trine Eg Staugaard	Kolding OK		41:29